



Phytochemicals

[Phytochemicals](#)

[Plants with
phytochemicals](#)

[List of
phytochemicals](#)

[Allicin](#)
[Astaxanthin](#)
[Beta-Sitosterol](#)
[Caffeine](#)
[Coumarin](#)
[Curcumin](#)
[Ellagic Acid](#)
[Epicatechin](#)
[Flavonoids](#)
[Geraniol](#)
[Hydroxytyrosol](#)
[Indole-3-Carbinol](#)
[Limonene](#)
[Lutein](#)
[Lycopene](#)
[Phytic acid](#)
[Quercetin](#)
[Resveratrol](#)
[Rutin](#)
[Silymarin](#)
[Theobromine](#)
[Ursolic acid](#)

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[EGCG](#)

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[Geraniol](#)

[Polyphenol](#)

[Flavonoids](#)

Benefits of Epigallocatechin-Gallate

[Apoptosis & Cancer](#)

Apoptosis may help prevent cancer development. See more information.

[Plant Extract Compounds](#)

Most of the plant extract-related products are very unique.

Green Tea Polyphenol Epigallocatechin Gallate Affects Gene Expression of Breast Cancer Cells Transformed by the Carcinogen 7,12-Dimethylben(a)Anthracene

J. Nutr. 135:2978-2986, 2005

The study concluded that green tea polyphenols affect several biomarkers that are involved in UV induced skin cancer, including the inhibition of angiogenic factors and recruitment of cytotoxic T-cells. Green tea polyphenols could prevent UV induced skin cancer formation and could reduce the growth of established skin tumours. The daily consumption of 5 to 6 cups of green tea by humans provides same levels of green tea polyphenols as used in this study.

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